

**IDEAL PROGRAM
COURSE SYLLABUS
ONLINE**

Dear Student,

Please read the following course syllabus carefully, especially the course expectations and activities. If you have any questions, please do not hesitate to communicate with the IDEAL office, your academic advisor, or the instructor.

The IDEAL degree-completion program is designed with the adult learner in mind. Adult learners approach learning with specific goals, want to be able to directly apply new learning to their work and personal lives, and tend to learn best when the coursework is problem-centered so that they are actively engaged in the learning process. In addition, adults bring rich and varied experience to the classroom, which becomes a valuable learning resource for other students.

The IDEAL Program assumes joint responsibility in the learning process. The activities and assignments in our courses build on the shared experience of all learners in each class. This is why each student's preparation, participation and interaction in class activities and discussions are critical to the success of each course. The accelerated format of each course requires a significant amount of time outside the classroom to prepare for and complete the course assignments. This varies between students and courses; however, students typically spend a minimum of ten-twelve hours per week on course material.

To participate in the IDEAL Program, it is expected that you will do the following:

1. Participate in and complete the online orientation prior to your first online course.
2. Obtain the required course materials prior to the course start date.
3. **If you do not participate during the first week of the course, you will be dropped one letter grade. If a student doesn't participate for two or more weeks a grade of "F" will be entered for a final grade.**
4. Login to your course a minimum of three times per week.
5. Complete all assignments to the best of your ability.
6. Participate in the class discussions and demonstrate respect and consideration to the instructor and other students when they express themselves in discussion.
7. If you have any technical difficulties, you must contact the Office of Distance Education immediately at ubonline@bridgeport.edu.

It is the student's responsibility to familiarize himself or herself with and adhere to the standards set forth in the policies on cheating and plagiarism as defined in Chapters 2 and 5 of the Key to UB <http://www.bridgeport.edu/pages/2623.asp> or the appropriate graduate program handbook.

E-mail correspondence

It is imperative that you check your UB e-mail on a regular basis. All written correspondence, to include IDEAL and the University will be sent to you through his e-mail. **The University can no longer correspond to your personal e-mail account(s).**

Have questions about taking an online course? Go to:

"Instructions for Taking a UB Online Course"

[\[http://www.bridgeport.edu/academics/online/yourfirstcourse.aspx\]](http://www.bridgeport.edu/academics/online/yourfirstcourse.aspx)

The IDEAL Program

PSYC 304 DL2 Abnormal Psychology

Summer 2013

July 1, 2013 - August 23, 2013

Instructor: M. Deborah Gruen, Ph.D.

Email: dgruen@bridgeport.edu
mdg@gruenmail.net

Course Description:

The study of those thoughts, feelings and behaviors that interfere with psychologically adaptive functioning. The causes and appropriate treatments of neurosis, psychosis, personality disorders and adjustment reactions.

Learning Outcomes:

Upon successful completion of this course, the student will be able to:

1. Name and describe major contemporary perspectives on the nature of abnormality.
2. Explain what information clinicians seek when assisting a client for treatment, and describe some ways of obtaining it.
3. Describe the distinguishing features of major psychological disorders such as schizophrenia, anxiety disorders, depression, "addictions", OCD/dissociative disorders, and others.
4. Describe important treatment procedures used by clinicians, and explain how it is determined whether a treatment is working. Tell what treatments are used for certain conditions and discuss advantages and disadvantages of particular treatments for particular conditions.
5. Discuss contemporary theories about the origins and/or biological basis for investigating these.

Textbook

[Abnormal Psychology, Clinical Perspectives on Psychological Disorders](#), Halgin, Richard & Whitbourne, Susan, Seventh Edition, 2013, McGraw-Hill Publishers, ISBN 0078035279.or ISBN 9780078035272

Requirements: Students are required to attend all discussion forums; to be punctual and prepared to participate in these discussions by having completed all weekly reading and written assignments. All assignments are due on the designated dates.

Attendance Policy

You are required to log on a minimum of three days weekly and perform the tasks and assignments according to the syllabus.

Each late assignment will lose one letter grade for each day the assignment is late beginning on the first day after the deadline.

Credit will not be given for late postings. In order to receive credit all postings must be completed by Sunday 11:59pm EST.

◆The readings and assignments include the following:

- **Read** the assigned chapters.
- Be prepared to take multiple choice quizzes (ten questions) on **Canvas** on the assigned reading material.
- Be **prepared** to participate in the **Discussion Board** in **Canvas** on posted topics on a weekly basis. Topics may include, but are not limited to, the '**Review Questions**' for each chapter.

❖Week 1~ Introduction ~ July 1st

- **Read:** Chapter 1- **Understanding Abnormality**
Chapter 2 **Classification and Treatment Plans**
- **Due:** Interview anybody that you know who has experienced ANY type of mental disorder (phobia, depression, anxiety, schizophrenia, etc.) and is willing to discuss it with you. In your write-up, you need not include identifying information about the person or their specific answers to the questions. Do include at least five questions

that you asked, and provide a write up of what you learned about the disorder and the person's experience of the disorder. **3-5 pages; minimum 3 references (APA Format)**

❖**Week 2 ~ July 8th**

▸ **Read:** Chapter 3 - **Assessment**
Chapter 4 - **Theoretical Perspectives**

▸ **Due:** Ten-Question Quiz Online

❖**Week 3 ~ July 15th**

▸ **Read:** Chapter 5 - **Anxiety Disorders**
Chapter 6 - **Somatoform Disorders, Psychological Factors Affecting Medical Conditions and Dissociative Disorders**

▸ **Due:** Ten-Question Quiz Online

❖**Week 4 ~ July 22nd**

▸ **Read:** Chapter 7 - **Sexual Disorders**
Chapter 8 - **Mood Disorders**

▸ **Due:** Ten-Question Quiz Online

❖**Week 5 ~ July 29th**

▸ **Read:** Chapter 9 - **Schizophrenia and Related Disorders**
Chapter 10 - **Personality Disorders**

▸ **Due:** Ten-Question Quiz Online
◆ **Research paper (see below for instructions)**

❖**Week 6 ~ August 5th**

▸ **Read:** Chapter 11 - **Developmental-Related Disorders**
Chapter 12 - **Ageing-Related and Cognitive Disorders**

- **Due:** Ten-Question Quiz Online

❖Week 7 ~ August 12th

- **Read:** Chapter 13 - **Substance-Related Disorders**
Chapter 14 - **Eating and Impulse-Control Disorders**
Chapter 15 - **Ethical and Legal Issues**

- **Due:** Ten-Question Quiz Online

❖Week 8 ~ August 19th

- **Final Examination:** There will be a comprehensive final exam covering course content: textbook contents, additional assigned articles and web discussion forums.

◆**Research Paper:** Compare two major mental disorders in terms of etiology, symptoms, and treatment options. You should integrate relevant class material. The paper should include a brief review of pertinent literature (primarily empirical studies), focusing on causal factors, symptoms, and treatment issues. Use reference material from **scientific journal articles** and **books** written on the topic. **3-5 pages; minimum 3 references (APA Format)**

Assignments are due on the designated date. Late assignments will be evaluated on the basis of one letter grade below the standard grading procedure. For example, if the assignment is graded an 'A', if it is late, the grade will drop to a 'B.'00

**** Each week be sure to check for additional assignments.**

Assessment (grading):

1. Essay Assignment: 20%
2. Quizzes: 20%
1. Discussion group participation: 20%
2. Research Paper: 20%
3. Final Exam: 20%

Grade		Quality Points	Numerical Value
A	Excellent/Distinction	4.00	94-100
A-	Intermediate Grade	3.67	90-93
B+	Intermediate Grade	3.33	87-89
B	Above Average	3.00	84-86
B-	Intermediate Grade	2.67	80-83
C+	Intermediate Grade	2.33	77-79
C	Average/Minimal	2.00	74-76
C-	Intermediate Grade	1.67	70-73
D+	Intermediate Grade	1.33	67-69
D	Minimal Pass/Below Average	1.00	64-66
D-	Intermediate Grade	0.67	60-63
F	Failure	0	Below 60

Criteria for the Evaluation of a Paper

Criteria	Poor	Adequate	Exemplary
Content	The content was not relevant to the topic.	The content was generally relevant, but was somewhat unclear or confusing at times.	The content was clear and useful. The writer gave a convincing justification as to how the content is relevant to the topic.
Organization	The presentation was poorly organized. It was hard to follow the sequence of ideas.	The paper followed a logical sequence. It is clear how the topics relate to each other.	The writer's organization was clear and logically sequenced. A strong recommendation for further research on the topic was provided.
Critical Analysis	The writer did little more than restate facts and other people's (authors') opinions.	The writer was able to reflect on the topic. A critical assessment was included.	The writer was thought provoking and showed strong insight as to how the content relates to his/her experiences, views, and the topic.
Spelling and Grammar	The paper was poorly written. Numerous grammatical and spelling errors were present. The text did not follow rules for technical writing.	Although most of the paper was well written, a few grammar, spelling, and/or technical errors were present.	The summary was clear and concise. Spelling and grammar rules were followed. Technical writing rules were followed.

ACADEMIC POLICIES

Ethics Statement of Confidentiality

An integral component of an IDEAL course is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to student disclosure. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure other students in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

Attendance Policy

Course attendance, especially in an online course, is an integral part of the academic experience; therefore, students are expected to be participative in all course activities and discussions. If you do not participate during the first week of the course, you will be dropped from the course. If you cannot participate in all the course activities you should consider dropping the course.

Drop Procedures

To drop a course, you must complete and submit a Schedule Change Request Form. The form can be accessed at the following web page:

<http://www.bridgeport.edu/pages/2595.asp>

Starting Fall 2012

- Drop a course after the start date.....\$30.00 per transaction
- Drop prior to the start date.....100% Tuition Refund
- Drop prior to the second week of the course.....75% Tuition Refund
- Drop prior to the third week of the course.....50% Tuition Refund
- Drop during/after the third week of the course.....0% Tuition Refund

****Please note students will not be automatically dropped for not participating during the first week. Lack of participation for one week will reduce the final grade by one letter grade. If you have to miss the first week of the online course, *you must contact your instructor* in writing before the first week. However, a grade reduction will apply.**

Please print and complete the form and fax the form to the IDEAL Office: 203-576-4537. Prior to dropping a course, the student should contact their IDEAL Academic Advisor to understand the implications to financial aid and/or degree plan progress.

Please review the Academic Calendar to see the fees for a drop and the impact on tuition. The Academic Calendar can be found at: <http://www.bridgeport.edu/pages/2595.asp>

Academic Dishonesty

We are committed to intellectual integrity in our academic pursuits; therefore, the IDEAL program prohibits all forms of academic dishonesty. Academic dishonesty is normally defined as, but not limited to, the following two categories:

Cheating – Using inappropriate sources of information in an assignment or on a test. The following are examples of cheating taken from real student experiences:

Case #1: A student is enrolled in an introductory computer-programming course. He has co-workers who program in the same language as his final project. As the end of the term approaches, he

wonders how he will find the time to get the project finished, and asks one of his co-workers for help. His co-worker hands him a disk with a complete program similar to the kind required for the course project. The student makes minor modifications to the program, and submits it under his own name.

Case #2: A student enrolled in a religious studies course has never taken a humanities or history course, and is unsure about how to structure a research paper. She is doing research on the World Wide Web, and comes across a paper written by a student from another university. Using her computer mouse, she copies and pastes the document into her word processor. She goes to great lengths to re-word the paper in her own style, but essentially leaves the content and organization the same.

Plagiarism – Intentional as well as unintentional failure to acknowledge sources as well as the use of commercially available so-called “research papers” without full recognition of the source. Presenting as one’s own, the ideas, words, or products of another. The following are examples of plagiarism taken from real student experiences:

Case #3: A student is conducting research for a Civil War research paper. He has reviewed work on the Internet as well as in the library. Finding helpful information, he has summarized his findings without citing his sources. He believes that minor paraphrasing is all that is necessary.

Case #4: A student is writing a paper that requires her to address specific topics and problems in the assigned course textbook. She takes the information directly from the textbook with slight modification, without giving any citation. She thinks that since it is the course textbook, she doesn’t have to use quotations or citations.

Academic dishonesty applies to all courses, assignments or exams completed by students and submitted as their own original work, whether in person or by electronic means. The University does not tolerate cheating in any form. It is a serious breach of conduct with serious consequences. Instructors have the right to determine the appropriate penalty for academic dishonesty in their own classes; generally, however, such acts will result in a failing grade for the assignment and/or the course. The penalty for subsequent acts of academic dishonesty may include expulsion.

More information on how to recognize plagiarism can be found at this site:
http://www.indiana.edu/~istd/plagiarism_test.html

ACADEMIC RESOURCE CENTER

The Academic Resource Center is available for IDEAL students seeking help in their studies. The Center is staffed by writing professionals and peer tutors. More information can be found at: <http://myub.bridgeport.edu/academics/academicrescenter/Pages/default.aspx> The Center is located in the Wahlstrom Library, Room 506. Hours of operation are Mondays –Thursday 9am – 6pm and Fridays 9am – 1pm. Make an appointment or walk-in: Telephone: 203-576-4290. **Online Tutoring** is available at: www.etutoring.org. To use this free service you must have a UBNet account.

Obtaining a UBNet Account

Every registered student should obtain a UBNet Account. The account allows you to access your grades, access library services, access online tutoring, access the computers in computer labs, and provides an email account in which the University sends out information. Go to: <http://www.bridgeport.edu/ubnet> - Click on “New UBNet Account” and follow the instructions.

The @bridgeport.edu email address is the official email the University uses to send information to you. You can have your Bridgeport.edu email forwarded to any other email account you use. Following the activation of your UBNNet account (takes 24 hours), login at:

<http://www.bridgeport.edu/email> and click on “forwards” at the top of the page. Follow the directions to forward email messages to your other account.

Accessing Your Grades & Schedule Online

The WebAdvisor online information system allows students to search for available classes, check grades, view semester class schedule and verify your personal profile. Grades are generally posted 2-3 weeks following the end of a course. Information on WebAdvisor is password protected and requires you to use your UBNNet username and password. To access WebAdvisor, go to: <http://www.bridgeport.edu/webadvisor>

1. Login in with your UBNNet username and password.
2. Click on “Student Menu.”
3. Click on “My Grades.”

If you are carrying a financial balance, access to WebAdvisor will be restricted.

Using the Library

You can access the library through the library’s website: <http://www.bridgeport.edu/library>.

Research tools available:

- Search for books held at the library.
- Search the online databases for your academic field; business, counseling, human services, psychology, etc.
- Send questions to the Reference Librarian for assistance in research topics and searching strategy.

To access the online journals for research purposes, you will need a UBNNet account (see above).

IMPORTANT CONTACT INFORMATION

Office	Contact	Telephone	Email
Bridgeport Campus Security		(203) 576-4911	ubsecurity@bridgeport.edu
Bursar	Robinson Hernandez	(203) 576-4692	bursar@bridgeport.edu
Cashier	Lana Mistry	(203) 576-4682	cashier@bridgeport.edu
Financial Aid		(203) 576-4568	sfs@bridgeport.edu
Registrar		(203) 576-4642	registrar@bridgeport.edu
Emergency Notification Phone		(203) 576-4159	
Distance Education Office		(203) 576-4853	ubonline@bridgeport.edu
IDEAL Office		(203) 576-4800	idealinfo@bridgeport.edu

CAMPUS CONTACT INFORMATION

Campus	Address	Telephone	Email
Bridgeport	126 Park Avenue Bridgeport, CT 06604	(203) 576-4800	idealinfo@bridgeport.edu
Stamford	5 Riverbend Drive Stamford, CT 06750	(203) 358-0700	ubstamford@bridgeport.edu

Waterbury	84 Progress Lane Waterbury, CT 06705	(203) 573-8501	ubwaterbury@bridgeport.edu
Woodbridge	6 Lunar Drive Woodbridge, CT 06525	(203) 576-4800	idealinfo@bridgeport.edu
IDEAL Office		(203) 576-4800	idealinfo@bridgeport.edu

Directions to IDEAL Campus locations	http://www.bridgeport.edu/pages/2260.asp
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**To fill out your financial aid report to the Federal Government, please go online to www.fafsa.ed.gov.
The school code for the University of Bridgeport is 001416.
Federal Student Aid Information: 1-800-433-3243**